



2010 VA-USA Karate Championships

Highland Springs, Virginia

Sunday, March 28, 2010

Highland Springs High School

Registration Opens at 8am and Events Commence Promptly at 10am
More Info at www.justicekarate.com

What: VA State Karate Championship

When: March 28, 2010

Where: Highland Spring High School, Highland Springs VA

Information: Sam Justice 804-539-6116, kumite95@verizon.net

Cost: \$50 pre-registration / \$65 at the Door. Any Number of Events

Pre-registration must be postmarked by March 19, 2010 to qualify for discount.

Spectators: 12+ Yrs \$5, 3-12 yrs \$3 under 3 Free

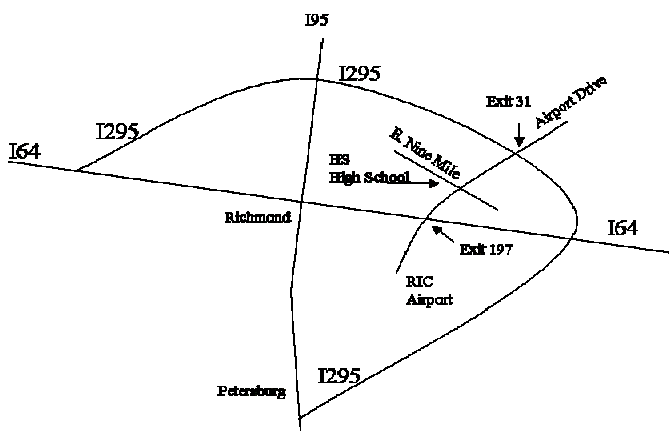
I invite you to attend the Va-USA Karate Championships in Highland Springs, VA. This tournament will prepare you for the Nationals, which will be held July 8-11, 2010 in Greenville, SC. We hope you plan to attend the USA-NKF Nationals this year. This is particularly exciting as the United States Olympic Committee endorsed the USA-NKF as the National Governing Body (NGB) for Karate in the United States in 2007. Eventually we will be sending athletes to the Olympics through these USA-NKF sanctioned state qualifiers and National Tournaments. Please come and join us for a wonderful day of competition and camaraderie. *Sam Justice, 8th DAN, Justice Karate Richmond, Va*

Directions: (Interactive Maps available at www.justicekarate.com)

Highland Springs High School, 15 S. Oak Ave, Highland Springs Va, 23075

From DC and Points North: I95 South to I295 East towards VA Beach and North Carolina. Take Exit 31b, the Highland Springs Exit South onto North Airport Drive. Turn right at the Light for East Nine Mile Rd (Hardees on the corner). After making the turn look to the left side of the road for High Spring High School Entrance at Tech Dr.. Tournament is held in the Gym at the rear of the school near the football field.

From Charlottesville: I64 East through Richmond to Exit 197b for Highland Springs onto South Airport Drive headed north. Turn Left at Light on East Nine Mile Rd (Hardees at Corner). After making the turn look to the left side of the road for High Spring High School Entrance at Tech Dr. Tournament is held in the Gym at the rear of the school near the football field.



From Va Beach: I64 West towards Richmond to Exit 197b for Highland Springs onto South Airport Drive headed North. Turn Left at Light on East Nine Mile Rd (Hardees at Corner). After making the turn look to the left side of the road for High Spring High School Entrance at Tech Dr. Tournament is held in the Gym at the rear of the school near the football field.

From Petersburg and Points South: I95 North to I295 North to Va Beach and DC. Take exit 31b, the Highland Springs Exit onto North Airport Dr. Turn Right at the Light for East Nine Mile Rd (Hardees on the corner). After making the turn look to the left side of the road for High Spring High School Entrance at Tech Dr. Tournament is held in the Gym at the rear of the school near the football field.

Local Hotels:

Wingate Inn: 491 International Center Dr, Sandston, VA, 23150 (804) 222-1499

Days Inn Richmond Airport: 5500 Williamsburg Rd, Sandston, VA, 23150 (804) 222-2041

Courtyard Richmond Airport: 5400 Williamsburg Rd, Sandston, VA, 23150 (804) 652-0500

Doubletree Richmond Airport: 5501 Eubank Rd. Sandston, VA 23150 (804) 226-6400



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Sunday, March 28, 2010
Highland Springs High School

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More Info at www.justicekarate.com

Registration:

- Pre-Registration Fee All Events \$50.00. Send to Sam Justice – 1506 Derek Lane, Richmond, VA 23229 (Check or Credit Card Only Please)
- Deadline for Pre-Registration is March 19, 2010 - Registration at-the-door will be \$65.00
- This tournament is sanctioned by the USANKF. USANKF Membership forms are available at: www.usankf.org

Awards are 1st through 4th place; Trophies for 1st, Medals for all other placements; Participant medals for all.

Please Print Legibly

Name:	Birth Date:	(Required)
Address:		
City:	State:	Zip Code:
Email Address:		Phone Number:
Dojo Name:		Instructor Name:
Dojo Address:		
Dojo City:	State:	Zip Code:
Date Started Training:		(Required)

Signature MUST Appear Below to be allowed to compete regardless if funds have been paid.

I release and forever discharge the promoter and organizers of this tournament and all volunteers associated or connected with the running and management of the tournament, along with the Highland Springs School from any and all actions, claims, and demands of any damage, loss, or injury to person, and property and death which herefore has been undersigned participation the tournament.

Signature of Competitor or Parent / Guardian if under 18

_____ Date _____

Check Credit Card Amount: \$_____ .00

Card Number: _____ Credit Card Type: MC / VISA / AMEX

Expiration: ____/____/____ Name as it appears on Card: _____

Authorizing Signature for Charge: _____

**Please Complete the Event Selections on the Reverse Side by Darkening
the Event Blocks**

Event Entry for Competitor Name:

K: Kata (Form) S: Kumite (Sparring) W: Kobudo (Weapons) T: Team Kata

Beginner=1 yr and under Novice= 1-2 years Intermediate= 2-3 years Advanced= 3+ years

Blacken In the Box to designate your events.

<u>KATA</u>	<u>KUMITE</u>	<u>DIVISIONS</u>	<u>KATA</u>	<u>KUMITE</u>	<u>DIVISIONS</u>
K1	S1	5 yrs & Under Male Beg/Nov	K51	S51	18-34 yrs Male Beginner
K2	S2	5 yrs & Under Female Beg / Nov	K52	S52	18-34 yrs Male Novice
K3	S3	6-7 yrs Male Beginner	K53	S53	18-34 yrs Male Intermediate
K4	S4	6-7 yrs Male Novice	K54	S54	18-34 yrs Male Advanced
K5	S5	6-7 yrs Male Intermediate	K55	S55	18-34 yrs Female Beginner
K6	S6	6-7 yrs Male Advanced	K56	S56	18-34 yrs Female Novice
K7	S7	6-7 yrs Female Beginner	K57	S57	18-34 yrs Female Intermediate
K8	S8	6-7 yrs Female Novice	K58	S58	18-34 yrs Female Advanced
K9	S9	6-7 yrs Female Intermediate	K59	S59	35-44 Male Beginner / Novice
K10	S10	6-7 yrs Female Advanced	K60	S60	35-44 Male Intermed / Advanced
K11	S11	8-9 yrs Male Beginner	K61	S61	35-44 Female Beginner / Novice
K12	S12	8-9 yrs Male Novice	K62	S62	35-44 Female Intermed / Advanced
K13	S13	8-9 yrs Male Intermediate	K63	S63	45+ Male Beginner / Novice
K14	S14	8-9 yrs Male Advanced	K64	S64	45+ Male Intermed / Advanced
K15	S15	8-9 yrs Female Beginner	K65	S65	45+ Female Beginner / Novice
K16	S16	8-9 yrs Female Novice	K66	S66	45+ Female Intermed / Advanced
K17	S17	8-9 yrs Female Intermediate			
K18	S18	8-9 yrs Female Advanced			
K19	S19	10-11 yrs Male Beginner		W1	9 yrs & Under Beginner / Novice
K20	S20	10-11 yrs Male Novice		W2	9 yrs & Under Intermed / Advanced
K21	S21	10-11 yrs Male Intermediate		W3	10-13 Beginner / Novice
K22	S22	10-11 yrs Male Advanced		W4	10-13 Intermediate / Advanced
K23	S23	10-11 yrs Female Beginner		W5	14-17 Beginner / Novice
K24	S24	10-11 yrs Female Novice		W6	14-17 Intermediate / Advanced
K25	S25	10-11 yrs Female Intermediate		W7	18-34 Male Beginner / Novice
K26	S26	10-11 yrs Female Advanced		W8	18-34 Male Intermed / Advanced
K27	S27	12-13 yrs Male Beginner		W9	18-34 Female Beginner / Novice
K28	S28	12-13 yrs Male Novice		W10	18-34 Female Intermed / Advanced
K29	S29	12-13 yrs Male Intermediate		W11	35+ Male Beginner / Novice
K30	S30	12-13 yrs Male Advanced		W12	35+ Male Intermed / Advanced
K31	S31	12-13 yrs Female Beginner		W13	35+ Female Beginner / Novice
K32	S32	12-13 yrs Female Novice		W14	35+ Female Intermed / Advanced
K33	S33	12-13 yrs Female Intermediate			
K34	S34	12-13 yrs Female Advanced			
K35	S35	14-15 yrs Male Beginner		T1	TEAM KATA Team Kata (3 or more to a team)
K36	S36	14-15 yrs Male Novice			Team Name:
K37	S37	14-15 yrs Male Intermediate			
K38	S38	14-15 yrs Male Advanced			
K39	S39	14-15 yrs Female Beginner			
K40	S40	14-15 yrs Female Novice			
K41	S41	14-15 yrs Female Intermediate			
K42	S42	14-15 yrs Female Advanced			
K43	S43	16-17 yrs Male Beginner	KATA	KUMITE	DIVISIONS
K44	S44	16-17 yrs Male Novice			6-7 yrs Female Intermediate
K45	S45	16-17 yrs Male Intermediate			9 yrs & Under Intermed / Advanced
K46	S46	16-17 yrs Male Advanced			Team Kata (3 or more to a team)
K47	S47	16-17 yrs Female Beginner			Team Name:
K48	S48	16-17 yrs Female Novice			
K49	S49	16-17 yrs Female Intermediate			
K50	S50	16-17 yrs Female Advanced			

Example Entry: Color in The Box for Selection
Competing in Kata, Kumite Weapons, and Team; 6yr Int Fem

TEAM JUSTICE

Promoter reserves the right to change or combine divisions for any reason including low turnout in a particular division
All Entries are Final. At Registration, check in ensure that your divisions are correct. No Changes will be made after opening ceremony / bow in.